

Casey Symonds

PE

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* #1 Character Strength: Purpose

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❖ **Bio:** I was born and raised in the city of Rochester, which is in upstate New York. Growing up, people around me told me I had to be a teacher because of my ability to work with kids. Naturally as any know-it-all would do, I got a degree in accounting. After working in the business world for a few years, it became clear teaching was my purpose in life. I went on to being my career as a teacher in 2003. I moved to North Carolina in 2006 and have spent the bulk of my time teaching in a kindergarten classroom. Last year, I made the move over to PE. I had a great time passing on my love of fitness and healthy living to the students. When I am not teaching, I love spending time with my wife and 3 year old daughter. I also spend my free time involved with sports of all sorts, although with a 3 year old, there is not as much free time as there used to be!